COMPARATIVE LEAF AND FLOWER MORPHO-ANATOMICAL STUDY OF WILD AND CULTIVATED GOJIBERRY (LYCIUM BARBARUM L.) IN ROMANIA

Vasilica LUCHIAN¹, Roxana CICEOI², Minodora GUTUE³

¹Faculty of Horticulture, University of Agronomic Sciences and Veterinary Medicine of Bucharest, 59 Mărăști Blvd, 011464, Bucharest, Romania

²Research Center for Studies of Food Quality and Agricultural Products, University of Agronomic Sciences and Veterinary Medicine of Bucharest, 59 Mărăşti Blvd, 011464, Bucharest, Romania
³Faculty of Agriculture, University of Agronomic Sciences and Veterinary Medicine of Bucharest, 59 Mărăşti Blvd, 011464, Bucharest, Romania

Corresponding author email: roxana.ciceoi@qlab.usamv.ro

Abstract

Goji berry (Lycium barbarum L.) is widely used as food and medicine in Asian countries and recently had a dramatic gain in popularity on American and European continents. Due to their complex composition and recommendations in traditional Chinese Medicine, goji berry is also one of the most studied species in the recent years. The species grow wild in Romania, being appreciated for its bush density for hedges and fences. Initially, imported L. barbarum varieties were used by goji berry growers for commercial plantations, while in the last year five new varieties were homologated. The morpho-anatomical structure of leaves and flowers of the wild and cultivated goji berry from the Bucharest area was compared, to determine important traits that could be relevant for goji breeders but also for taxonomists. Morphological differences were found regarding the leaves shape, position, and leaves width. The wild L. barbarum has cuticle-covered leaves, highly developed vascular bundles and vascular bundle sheaths were present in the mesophyll. The palisade cells appeared to be very large. These characteristics of the leaf's anatomy are also relevant in the context of biotic stressors, as eriophyid mites, that are one of the most important pests of goji berry shrubs.

Key words: wild and cultivated Lycium barbarum, leaf anatomy, mesophyll, vascular bundle.

INTRODUCTION

Goji is the generic name for different plant species from the genus *Lycium*, belonging to the Solanaceae family. It represents one of the most popular products of traditional Chinese medicine that is also used outside of China (Wetters et al., 2018). The genus *Lycium* includes more than 80 distinct species, distributed in temperate or sub-tropical regions (Levin & Miller, 2005).

The exact origin of *L. barbarum* is not known, but its natural habitat is between Southeast Europe and Southwest Asia. While the wild *L. barbarum* is also known as fences sea buckthorn, the "goji" name can be considered a trading name, given initially by the North American ethnobotanist Bradley Dobos, being the species with the most significant commercial value (Tabără, 2020a, 2020b). Moreover, given that *L. barbarum* L. is a naturalized species in most countries of the world, this has hindered the process of differentiation between the species and especially between the subspecies of this shrub. *L. barbarum* is also found in Romania, being observed in the Dobrogea area, including the Danube Delta (Doroftei, 2009), in the region of Moldova, in Oltenia, where it was described as an adventitious plant with a pronounced invasive character (Răduțoiu & Stan, 2013) and in the city of Timișoara (Coste & Arsene, 2003).

The invasive potential of this species was also observed in 34 localities in Oltenia (Răduţoiu & Băloniu, 2021). Also, *L. barbarum* is found in the spontaneous flora of the Republic of Moldova, being an allochthonous and naturalized plant that was introduced from China for ornamental purposes and penetrated into natural ecosystems, acquiring a potentially invasive character (Palancean, 2015).

While originally grown as a health food in Asia, L. barbarum and its berry are now known worldwide for its health benefits, including a high fiber, potassium, magnesium, iron, vitamin E, vitamin C, carotenoids, and betacarotene content (Niro al.. et 2017). L. barbarum plant has been consumed for over 2500 years with no toxicity being reported (Donno et al., 2015). The fruit, leaf, root bark of many species of the genus Lycium have long been used as local foods and/or medicines. fruits. Recently. Lvcium have become increasingly popular in the western world of because their nutritional properties (Amagase and Farnsworth, 2011: Mencinicopschi, 2013a, 2013b; Asănică et al., 2016; Qian, et al., 2017), they are even advertised as "superfood" in Europe and North America (Chang & So, 2015). Phytochemical studies indicate that the richness in numerous constitutions of different classes, such as polysaccharides, carotenoids. flavonoids. alkaloids, amides, terpenoids, endows Lycium species with a variety of biological activities (Yao et al., 2011; Qian, et al., 2017;). Plantbased products are important sources of both food and medicine. Whether a plant is used as food or medicine depends on a wide range of factors but is not necessarily due to its pharmacological nutritional or properties (Leonti, 2011; Jennings, et al., 2015). L. barbarum has special medicinal properties, so in recent years this plant has gained more and more attention from consumers due to its antioxidant properties and for improving vision et al., 2012). anticancer (Shen and immunomodulatory effects (Gan et al., 2004; Tang et al., 2012), antioxidant activity (Henning et al, 2014; Benchennouf et al., 2017; Shi et al. 2017), hepatoprotective activity (Ahn, et al., 2014), hypoglycemic properties (Guowen et al. 2010), neuroprotective effects (Ho et al., 2010). Especially polysaccharides, zeaxanthin dipalmitate, vitamins, betaine, and mixed extracts were reported to be responsible for anti-aging, improving eyesight, and anti-fatigue effects (Wu and Guo, 2015; Yao et al., 2017).

A protective property of goji extracts on retina cells has been proved in the early stage of the degeneration of the retina. It is proposed that absorbing the light zeaxanthin and luteolin present in goji fruit displays an inhibitory effect on neuron apoptosis (Ni et al., 2013), antioxidant and antimicrobial activities (Mocan et al., 2014).

In the present paper, we compared for the first time the morphology of the leaf and the flower and the anatomical structure of the leaf lamina of the wild and cultivated species. These studies highlight morpho-anatomical characteristics of the species. As the leaves are the plant organs with the highest plasticity and receptivity to changes in the environment, we focused on the leaf anatomy.

MATERIALS AND METHODS

The wild goji leaves and flowers were gathered form the spontaneous flora, from the Morii Lake shore (Ilfov county) and the cultivated goji leaves and flowers were taken from the experimental field of the University of Agronomic Sciences and Veterinary Medicine of Bucharest, Romania. From both sites, samples were collected during the flowering period, from August to October 2021. A collector number was given, and the specimens were dried according to standard herbarium methods. The specimens are kept in the herbarium of USAMV Bucharest. The leaves were sectioned by hand using razor blades to make semipermanent and permanent slides for microscopic studies. The sections were cleansed with chloral hydrate for 24 hours, then washed and stained with carmine alaunate and green iodine (Georgescu et al., 2015). Analyses and observations of the cross-sections were performed at the Research Center for Studies of Food Quality and Agricultural Products, at USAMV Bucharest. Photos were taken and measurements were made using the Leica DM1000 LED microscope, equipped with a Leica DFC295 video camera and with a Leica S8 APO Stereomicroscope, as well as a Sony photo camera. Photos were taken using the light microscope at different magnifications.

RESULTS AND DISSCUSIONS

Leaves morphology

Studies related to leaf morphology and micromorphology were made by Săvulescu et al., 2019: Luchian et al, 2019, 2020, 2021; Toma et al., 2021; Vârban et al., 2021. The

leaves of the studied shrubs were solitary or arranged in bundles 5-16 (rosettes) especially in the wild L. barbarum (Figure 1). The solitary leaves that had an alternating disposition predominated on the new shoots that emerged in the second half of the growing season. The wild goji had the leaves grouped in bundles of 5-16 leaves each, on the branches of previous years or at the base of the yearly shoots. The shape of the leaves was obovate (Figure 2). elliptical in wild goji and mainly lanceolate or elliptical and leathery in the cultivated goji (Figure 3). The wild plants had leaves with a blade of 5-9 cm long, 1.5-2.5 cm wide and the petiole 0.5-1.5 cm long, while the leaves of cultivated plants were 2.5-5.5 cm long, 0.4-2 cm wide and a petiole 0.3-0.4 cm long.



Figure 1. Obovate leaves arranged in bundles in the wild *Lycium barbarum*



Figure 2. Obovate leaves and flower of wild *Lycium barbarum*



Figure 3. Lanceolate leaves of cultivated Lycium barbarum

Flower morphology

Studies related to flower morphology were made by Anghelescu et al., 2021. On the analyzed goji shrubs, all the developmental stages of flowers and fruits were found simultaneously. The flowers of the shrubs appear in the nodes area, being solitary or in inflorescences of 3-5 flowers each. The flowers have a calvx with 2-3-4 sepals, pubescent (the calvx predominates with 2 sepals, sometimes a sepal is bent at the top), the corolla is rotated, having 5-6-7 petals (predominantly corolla flowers with 5 petals) of one-color, from lilac to an intense purple (Figures 4-7). The petals of wild goji have a corolla tube of 0.9 cm, and the lacini are 0.5-0.8 cm and 0.4-0.5 cm wide, the diameter of the open flower can reach 1.9-2 cm. In wild and cultivated goji, the five anthers open longitudinally, from the top to the base (Figures 8-9). In the wild species the anthers have filaments 1-1.4 cm long, and in the cultivated one the length of the filaments is 1-1.6 cm long. Towards the end of their developmental cycle, the flowers gradually lose their color and become beige.



Figure 4. Hairy calyx, with two sepals on wild *Lycium* barbarum



Figure 5. Two-lobed calyx on wild Lycium barbarum



Figure 6. Wild Lycium barbarum corolla with 5-6 petals



Figure 7. Corolla tube of a wild Lycium barbarum flower



Figure 8. Flower of cultivated Lycium barbarum

The corolla tube has hairs at the top, towards the lacins, both in the wild and cultivated L. *barbarum*. Also, the stamens filaments have hairs towards the base, in the form of a tuft, in both cultivated and wild goji (Figure 10). All goji flowers have darker stripes on the petals. The petals of wild goji have multicellular hairs, rarely arranged on the edge of the petal, and in the cultivated species multicellular hairs are observed, abundant (Figures 11-12).



Figure 9. Stamen's detail of anthers, with longitudinal opening



Figure 10. Hairs in the upper part of the corolla tube and at the base of the stem filaments on wild *L. barbarum*



Figure 11. Rare hairs on a wild Lycium barbarum petal

Leaves anatomy

Research on the anatomy of the genus Lycium has been done by Jobert et al., 1984; Norverto, 2000; Selvi et al., 2009; Tabără, 2020a; Konarska, 2018; Amanova & Duschanova, 2021.



Figure 12. Dense hairs on a cultivates petal of *Lycium* barbarum

The anatomy of the leaves was studied in sections, on fresh or fixed preparations. On the transverse sections taken from the middle part of the leaf the following were observed: the epidermis is composed of a single layer of cells, and the cells are rectangular. The cells of the upper epidermis are larger than the lower epidermis ones, the walls of the cells are corrugated, and the epidermal cells are covered with a cuticle. Stomata are presented on both surfaces (amphistomatic leaves) and the stomata are more on the abaxial surface than on the adaxial surface. Stomata is generally present on both surfaces of the leaves, these findings also reported Metcalfe and Chalk, 1979.

Both epidermises are covered by the cuticle. In the wild goji, the upper epidermis was 11.3-11.5 μ m, the cuticle 5.5-6 μ m, and the lower epidermis 8.3-8.5 μ m and the cuticle 5 μ m. In cultivated goji, the upper epidermis was 15 μ m and a cuticle of 5-5.9 μ m, the lower epidermis was 6-8 μ m and the cuticle of 4.8-5 μ m.

The leaves of wild and cultivated goji possessed bifacial and amphistomatic structure with well-developed adaxial and abaxial epidermis (Figures 13-16). Upper epidermis of wild goji present elongated trichomes (Figure 17). The mesophile is arranged 1-2 layers of palisade on wild goji and 2-3 layers of palisade in cultivated goji (Figures 17-19). The shape of the palisade parenchyma in cross section is cylindrical. Over abaxial epidermis spongy parenchyma is disposed consisting of 2–4 layers circular or ovoidal cells. Adaxial phloem is absent from the smaller lateral veins. Middle vein on leaf is surrounded by parenchymatic cells, vascular bundles are bicollateral and usually cells and upper and lower parts are accompanied by collenchyma (Figure 20). The thickness of wild goji leaf was between 150-172 μ m, and in cultivated goji the leaf thickness was 450-470 μ m.



Figure 13. Upper epidermis in cultivated *Lycium* barbarum



Figure 16. Lower epidermis on wild Lycium barbarum



Figure 17. Leaf-upper epidermis with trichomes, on wild Lycium barbarum leaf





Figure 14. Lower epidermis in cultivated Lycium barbarum



Figure 15. Upper epidermis in wild Lycium barbarum

Figure 18. Cross section of a Lycium barbarum leaf - wild



Figure 19. Leaf anatomy on cutivated Lycium barbarum



Figure 20. Midrib - bicollateral vascular bundle on wild *Lycium barbarum*

CONCLUSIONS

The anatomical studies carried out on the Lycium genus are just at the beginning, more aspects requiring in depth studies.

The micromorphological and anatomical characteristics are of great interest and significance to the discussion of the taxonomy of the species.

The petals of wild goji have multicellular hairs, rarely arranged on the edge of the petal, and in the cultivated species multicellular hairs are observed, abundant.

On the sampled wild goji, the upper epidermis is thinner than in cultivated goji and display elongated trichomes. The mesophile is arranged 1-2 layers of palisade on wild goji and 2-3 layers of palisade in cultivated goji.

The thickness of wild goji leaf was between 150-172 μ m, and in cultivated goji the leaf thickness was 450-470 μ m. These aspects will be further analyzed on multiple samples, collected from different places, to exclude the influence on climatic factor on the leaves.

The anatomical studies we performed on leaf cross-sections as well as on leaf surface sections demonstrate for the first time the anatomy of the vegetative organs of specimens growing wild in Romania. The microscopic observations made on leaves show structural-anatomical characters, with role in species adaptability and will be further analyzed on samples of L. barbarum collected from different places, to see the influence of climatic factors on the anatomical characteristics of leaves.

REFERENCES

- Ahn, M., Park, J.S., Chae, S., Kim, S., Moon, C., Hyun, J.W. & Shin, T. (2014). Hepatoprotective effects of *Lycium chinense* Miller fruit and its constituent betaine in CCl4-induced hepatic damage in rats. *Acta. Histochemica*, 116(6): 1104-1112.
- Amagase, H. & Farnsworth, N. (2011). A review of botanical characteristics, phytochemistry, clinical relevance in efficacy and safety of *Lycium barbarum* fruit (goji). *Food Resarch Internatinal*, 44(7), 1702-1717,
- Amanova, M. & Duschanova, G. (2021). Anatomical Structure of Assimilating Organs Lycium barbarum L. Introduced in the Conditions of Uzbekistan. Bulletin of Science and Practice, 7(8), 10-15. doi:10.33619/2414-2948/69/01
- Anghelescu, N.E.D.G., Kertesz, H., Pataki, H., Georgescu, M.I., Petra, S.A. & Toma, F. (2021). Genus Ophrys 1., 1753 in Romania – Taxonomy, morphology and pollination by sexual deception (mimicry). *Scientific Papers. Series B, Horticulture*, LXV(2):187-201,
- Asănică, A.A., Manole, C., Tudor, V., Dobre, A. & Teodorescu, R. (2016). *Lycium barbarum* L. Juice -Natural Source of Biologically Active Compounds. *AgroLife Science Journal*, 5 (1):15-20,
- Benchennouf, A., Grigorakis, S., Loupassaki, S. & Kokkalou, E. (2017). Phytochemical analysis and antioxidant activity of *Lycium barbarum* (Goji) cultivated in Greece. *Pharmaceutical Biology*, 55(1), 596-602.
- Chang, R.C.C., So, K.F. (2015). *Lycium barbarum* and Human Health. Dordrecht: Springer.
- Coste, G. Arsene, G. (2003). Notes on the anthropoid flora and vegetation of the city of Timisoara (Note despre flora şi vegetația antropoidă din orașul Timişoara), *ISIRR*, Secțiunea IV, Hunedoara, Romania, 211-216.
- Doroftei M. (2009). Ecological research on some nonnative woody plant species from the Danube Delta ("Cercetări ecologice asupra unor specii de plante lemnoase alohtone din Delta Dunării"), thesis, Ovidius Constanța, 234-238.
- Gan, L., Zhang, S.H., Liang, Yang, X. & Bi, Xu H. (2004). Immunomodulation and antitumor activity by a polysaccharide-protein complex from *Lycium barbarum*. *International Immunopharmacology*, 4, 563–569.
- Georgescu, M.I., Săvulescu, E., Dobrescu E. & Muşat, M. (2015). Seseli gigantissimum Ciocârlan - anatomy of leaves. Scientific Papers-Series B, Horticulture, 59: 347-349.
- Guowen, C., Longjun J. & Qiang, F. (2010). Antihyperglycemic activity of a polysaccharide fraction from Lycium barbarum. African Journal of Biomedical Research, 13, 55–59.
- Henning, S.M., Zhang, Y., Rontoyanni, V.G., Huang, J., Lee, R., Trang, A., Nuernberger, G. & Heber, D. (2014). Variability in the antioxidant activity of dietary supplements from pomegranate, milk thistle, green tea, grape seed, goji, and acai: effects of in

vitro digestion. Journal of Agricultural and Food Chemistry, 62, 4313–4321.

- Ho, Y.S., Yu, M.S., Yang, X.F., So, K.F., Yuen, W.H. & Chang, R.C.C. (2010). Neuroprotective effects of polysaccharides from wolfberry, the fruits of *Lycium barbarum*, against homocysteine-induced toxicity in rat cortical neurons. *Journal of Alzheimer's Disease*, 19(3), 813-827.
- Jennings, H.M., Merrell, J., Thompson, J.L. & Heinrich, M. (2015). Food or medicine? The food-medicine interface in households in Sylhet. *Journal of Ethnopharmacology*, 167, 97-104.
- Joubert, A.M., Verhoeven, R.L. & Venter, H.J.T. (1984). An anatomical investigation of the stem and leaf of the South African species of *Lycium L*. (Solanaceae), *South African Journal of Botany*, 3(4), 219-230.
- Konarska, A. (2018). Microstructural and histochemical characteristics of *Lycium barbarum* L. fruits used in folk herbal medicine and as functional food. *Protoplasma* 255, 1839–1854.
- Leonti, M. (2011). The future is written: Impact of scripts on the cognition, selection, knowledge and transmission of medicinal plant use and its implications for ethnobotany and ethnopharmacology. Journal of Ethnopharmacology, 134(3), 542-555.
- Levin, R.A. & Miller, J.S. (2005). Relationships within tribe Lycieae (Solanaceae): paraphyly of Lycium and multiple origins of gender dimorphism. *American Journal of Botany* 92(12):44-53.
- Luchian, V, Săvulescu, E., Toma, M., Costache, N., Teodosiu, G, & Popa, V. (2020). Some aspects of the anatomical features of the medicinal plant *Agastache foeniculum* (Pursh) Kuntze (Lophanthus anisatus (Nutt.) Benth.) *Scientific Papers. Series B, Horticulture*. LXIV, (1):671-678.
- Luchian, V., Georgescu, M.I., Sávulescu, E., Gutue, M., Toma, M., Dobrin, A., & Popa, V. (2021). Some aspects regarding the morpho-anatomy and antioxidant potential of the medicinal plant *Eucommia ulmoides* Oliv. Scientific Papers. Series B, Horticulture, LXV(2):283-291.
- Luchian, V., Toma, M. & Dobrin, A. (2021). "Morphoanatomical features and antioxidant potential of *Broussonetia papyrifera* (1.) Vent." *World Journal of Pharmaceutical Research* 10(4), 154-169.
- Luchian, V. & Teodosiu, G. (2019). Research results regarding the anatomy of some medicinal plants of Cucurbitaceae, *Scientific Papers. Series B*, *Horticulture*. LXIII (1,):635-641.
- Mencinicopschi I. (2013a) Agro-biological and sanogenic peculiarities of the species *Lycium barbarum* L. and their influence on obtaining a nutraceutical product. (Particularities agro-biologice și sanogene ale speciei *Lycium barbarum* L. și influența acestora asupra obținerii unui produs nutraceutic). Doctoral thesis, București 254 p.
- Mencinicopschi, I. & Bălan V. (2013b). Fundație științifică pentru introducerea, pe teritoriul României, a Lycium barbarum L. o specie cu proprietăți sanogene. AgroLife, II(1):95-102

- Metcalfe, C.R. & Chalk, L. (1979). Anatomy of Dicotyledons I. London: Oxford University Pres., 1, 67-178. London.
- Mocan, A., Vlase, L., Vodnar, D.C., Bischin, C., Hanganu, D., Gheldiu, A., Operan, R., Silaghi-Dumitrescu, R. & Crisan G. (2014). Polyphenolic content, antioxidant and antimicrobial activities of *Lycium barbarum* L. and *Lycium chinense* Mill. leaves. *Molecules*, 19, 10056–10073.
- Ni, T., Wei, G., Yin, X., Liu, X. & Liu, D. (2013). Neuroprotective effect of *Lycium barbarum* on retina of Royal College of Surgeons (RCS) rats: a preliminary study. *Folia Neuropathologia*, 2, 158–163.
- Niro, S., A. Fratianni, A., Panfili, G., Falasca, L. Cinquanta, L. & Rizvi Alam M.D. (2017). Nutritional Evaluation of Fresh and Dried Goji Berries Cultivated in Italy. *Italian Journal of Food Science*. 29(3):398-408.
- Norverto, C.A. (2000). Wood anatomy of six species Lycium, with comments on fibriform vessel elements, *Revista del Museo Argentino de Ciencias Naturales*, 2(1):23-26
- Palancean, A. (2015). Cultivated Dendroflora of the Republic of Moldova (Dendroflora Cultivată a Republicii Moldova), habilitation thesis, 218 p.
- Qian, D., Zhao, Y., Yang, G. & Huang, L. (2017). Systematic review of chemical constituents in the genus Lycium (Solanaceae). Molecules, 22(6): 911.
- Răduţoiu, D. & Băloniu, L. (2021). Invasive and potentially invasive alogen plants in the agricultural crops of Oltenia. *Scientific Papers. Series B, Horticulture*. Vol. LXV, No. 1: 782-787.).
- Răduțoiu, D. & Stan, I. (2013). Preliminary data on alien flora from Oltenia – Romania. Acta Horti Bot. Bucurest., 40: 33-42.).
- Săvulescu, E., Georgescu, M.I., Luchian, V. & Popa, V. (2019). Some morphological and anatomical particularities in *Vitex agnus-castus* L. specie grown in protected space, *Scientific Papers. Series B*, *Horticulture*. LXIII(2):233-240
- Selvi, S., Aslan, M. & Erdogan, E, (2009). Anatomical studies on endemic *Lycium anatolicum* A. Baytop et R. Mill (Solanaceae) vegetative organs, distributed in Turkey
- Shen Z., Wang J. & Li G. (2012). Effect of extract of Lycium barbarum L. on adult human retinal nerve cells. *Chin. J. Ophthalmol.*, 48, 824–828.
- Shi, G., Zheng, J., Wu, J., Qiao, H., Chang, Q., Niu, Y., Sun T., Li Y.X. & Yu, J. (2017). Beneficial effects of *Lycium barbarum* polysaccharide on spermatogenesis by improving antioxidant activity and inhibiting apoptosis in streptozotocin-induced diabetic male mice. *Food Funct.*, 8(3): 1215-1226.
- Tabără (Gorceag), Maria. (2020a). The anatomical structure of *Lycium barbarum* L. leaf lamina from spontaneous flora and cultivated varieties. *Revista de ştiință, inovare, cultură şi artă "Akademos"*, 1(56), 27–32. https://doi.org/10.5281/zenodo.4091564
- Tabără, M. (2020b). Development and microclonal multiplication of the species *Lycium barbarum* L. (Goji) Dévoltera şi multiplicarea microclonală a

speciei Lycium barbarum l. (goji), Doctoral thesis, Chişinău.

- Tang, W.M., Chan, E., Kwok, C.Y., Lee, Y.K., Wu, J.H., Wan, C.W. & Chan, S.W. (2012). A review of the anticancer and immunomodulatory effects of *Lycium barbarum* fruit. *Inflammopharmacology*, 20, 307– 314.
- Toma, M., Luchian, V., Petra, S. & Hoza, D. (2021) Morpho-anatomical characters and preliminary pharmacological evaluation of *Plumeria* sp. *Scientific Papers. Series B, Horticulture*. LXV(1):788-798
- Vârban, R., Vârban, D. & Crisan, I. (2021). Leaf Micromorphology of Jute (*Corchorus olitorius* L.) In conditions from Cluj County. *Scientific Papers. Series B, Horticulture*, LXV(2):308-314.
- Wang, W. (2015). TCM products find their niche overseas, Available online at: http://www.chinadaily.com.cn/business/2015-10/20/content 22228738.htm

- Wetters, S., Horn, T., Nick, P. (2018). Goji Who? Morphological and DNA Based Authentication of a "Superfood". *Frontiers in Plant Sciences*, 9:1859. doi: 10.3389/fpls.2018.01859.
- Wu, M. & Guo L. (2015). Anti-fatigue and anti-hypoxic effects of Lycium barbarum polysaccharides. International Conference on Advances in Energy, Environment and Chemical Engineering. Atlantis Press, Hong Kong.
- Yao, R., Heinric, M., Weckerle, C. S. (2017). The genus Lycium as food and medicine: A botanical, ethnobotanical and historical review
- Yao, X., Peng, Y., Xu, L.J., Li, L., Wu, Q.L. & Xiao, P.G. (2011). Phytochemical and biological studies of Lycium medicinal plants. *Chemistry & Biodiversity*, 8:976-1010.